

Inspired!

Let's open up for sharing and caring



WORKSHOP SESSION 1 - 14:30 - 15:15 CET

- If you participate at the event at the venue in Tallinn, Estonia, you can choose between the **in-person** and **hybrid** workshops.
- If you participate online, you can choose between the **hybrid** and **online** workshops.

(IN-PERSON) Reverse Climate Action Bingo

[Climate of Change](#) DEAR project

The aim of the game is to point out how unjustly climate change affects some countries more than others, and to emphasise how seriously climate change drives migration. It also serves as a brainstorming session for catastrophe prevention and mitigation.

(IN-PERSON) Another life for your T-shirt

Led by Constantin and Denisa, [Game on!](#) DEAR project

Give your T-shirt another life! In this workshop, you're going to upcycle your old T-shirt into a whole new thing. We will make a T-shirt yarn from which we will crochet coasters. Please bring your own old cotton T-shirt which you don't mind being cut to yarn.

(HYBRID) Using spoken word to take creative action

Led by [Kelvin Akpaloo](#), a dance and movement facilitator and spoken word artist

Change starts with creativity and creativity comes in many forms! Kelvin is passionate about promoting human rights, inclusion, integration of minorities and community and youth development. Kelvin hosts a workshop with the participants and helps them create poetry. This will contribute to the final COP27 performance.

(HYBRID) Food waste 101 & taking first steps towards better food habits

Led by Annaliis Täheväli from [Foodsharing Tartu](#), a movement with the goal of reducing food waste by helping individuals and organisations distribute food to those interested.

You will hear about the Foodsharing movement in Estonia. Foodsharing Tartu was established in 2019. In 3 years it has grown into a group of 30 volunteers, partnering up with the local food bank, COOP Tartu and other companies, and built 5 food sharing locations with the intent of making the redistribution of food easier for everybody. We will also dive briefly into why food waste is a problem and how it impacts us and our planet. Afterwards we'll put our heads together to find the next steps everybody could take to stop gradually wasting food in their everyday life.

(HYBRID) How and why to spread good news and climate optimism in the time of worsening climate crisis?

Alaina Wood is a sustainability scientist and climate communicator based out of the United States. Alaina is the founder of [the Garbage Queen](#), a social media platform dedicated to discussing climate science and solutions to her audience of over 300,000 people, and she is known for debunking climate misinformation and helping young people manage their climate anxiety.

News surrounding climate change can be scary. Wood felt the heat and anxiety, too, but after seeing how rampant this feeling was on the platform, she wanted to let people know that solutions were out there — it isn't too late. Alaina will share her story and discuss how we can all contribute to climate optimism in the time of worsening climate crisis.

(ONLINE) Trash awareness with fun and positivity!

Andreas Noe, [The Trash Traveler](#), is a molecular biologist from Germany.

Andreas Noe came to Portugal in 2018 to surf at the beaches of Lisbon and couldn't look away from all the plastic anymore. The polluted beaches made him quit his biomedical career to go on a journey of awareness with fun and positivity. His first project "The Travel Trash" project resulted in 160 Ukulele songs and trash videos while removing almost 1 ton of plastic along Portugal. During the workshop he will discuss how we can approach complex themes, such as climate change, with fun and creativity? Is it a more effective way to spread the message and to take everyone into the journey of change? What do you think?

(ONLINE) Co-creating sustainable policies

Anita Nyame, a member of the Flemish Youth Council will explain the process of coming up with ["The ideal climate communication strategy"](#)

Whether you're young or old, policy has a remarkable impact on everyone. Youngsters are most often left out of the picture during policy processes for local or national governments. For this reason, the Flemish Youth Council advocates for the leaders of tomorrow. During this session Anita Nyame, member of the Flemish Youth Council, will

share their experience on how to bring the voice of the youth all the way to policymakers and how you can influence policy decisions using advisory methods.

(ONLINE) Climate issues - too serious to play around? Touching hearts and minds through games

Baptiste Royau from the student network "Ambassadors of Transitions"

Can tackling climate issues in a fun way help to inform young people and encourage them to act for change? Baptiste Royau will share his experience in organising a Green Game in Bordeaux University, France. Green Game is a "Who wants to be a millionaire?" type of game show activity, with contests in several rounds between teams to reply to questions about sustainable topics. He can share insights from the 2022 spring edition and lessons learned for the preparations of the next editions. This will fuel exchanges on finding innovative approaches to engaging young people in climate action.